

# THE SUPERHEROS



FREE-FROM  
**FISH**



FREE-FROM  
**DAIRY**



FREE-FROM  
**WHEAT/  
GLUTEN**



FREE-FROM  
**SOY**



FREE-FROM  
**SHELLFISH**



FREE-FROM  
**PEANUT**



FREE-FROM  
**SESAME**



FREE-FROM  
**TREENUT**



FREE-FROM  
**EGGS**



CAPTAIN  
**ASTHMA**



ELIJAH'S  
**ECHO**



ELIJAH'S  
**ECHOS**



Top 9 Icons are the visual representations of the top nine food allergens. Food Equality Initiative, Inc. has created them to be used as the visual standard for the Food Allergy/Free-From Community.

For More information on being a Superhero for Food Allergies contact Elijah-Alavi Foundation.

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